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WAYS TO

ATTRACT
YOUR SOULMATE

Most people believe there's someone special for each of us. But how do you find that soulmate?

Well, there are some things you can do to speed up the process and help Cupid's work along.

Consider these ideas...

1. OPEN YOUR HEART.

Begin the search for your soulmate by opening your heart and allowing people in. This may be a big step for you, but your soulmate isn't going to force their way into your heart. Open the door now so you'll be ready.

2. BE OBSERVANT.

People get so caught up in the business of their day-to-day lives that they're too busy to notice who's around them. When you become more aware of your surroundings, you'll be more likely to meet new people.

3. HAVE AN OPEN MIND.

Forget about placing people into certain categories and certainly forget about having a “type.” When you consider that *anyone* might be your type, your chances of finding your soulmate have opened up tremendously.

4. BE NICE TO EVERYONE YOU MEET.

This seems so simple, yet in today's world, being kind to strangers is, well, *strange!* Offer others a smile or hold the door for someone. Being nice will attract others to you, especially that very special soulmate.

5. BE PATIENT.

Even though you might be able to speed up the process, it won't happen in an instant. Don't assume everyone you meet is the soulmate you're searching for. Trust that you'll find them when the time is right, then you will.

6. LISTEN TO YOUR HEART.

Your heart will steer you in the right direction. *Just listen.* If you're seeing someone but don't feel the life-long pull that you should, gently break off the relationship. On the other hand, if you feel someone might be your soulmate, ask him or her out, even if you're not used to being so forward.

7. BE YOURSELF.

When people are looking for love, they'll often wear more revealing clothes or do other things they wouldn't usually do. Although this may attract some people, ask yourself if that's the kind of person you want to attract in the first place.

Your best bet? *Just be you.*

8. IMPROVE YOURSELF.

When you focus on developing your own skills, talents, and confidence, you'll actually be drawing your soulmate to you. And when they find you, you'll be at your best. Besides, your soulmate just might be teaching the class you signed up for.

9. LEAVE SOME TIME IN YOUR SCHEDULE.

Overcrowding your schedule will leave you too busy to find true love. And if your life is already jam-packed, how is anyone supposed to see that you have time for them?

10. GET OUT MORE.

You're never going to find your soulmate sitting alone on your couch watching TV and eating bonbons. Get out into the world and give your soulmate a chance to find you!

11. HAVE FAITH.

Believe that you are *worthy* of love and that you *will* find your soulmate. After all, a strength of purpose can make dreams come to life.

12. VISUALIZE IT.

Visualize the life you will have with your soulmate once you've found him or her. Imagine what your home will look like and where you'll go on vacation. Visualizing it will make it seem more real and will increase the probability of it happening.

13. THINK POSITIVELY.

No one really likes to hang around a *“Debbie Downer.”* Instead, carry a positive attitude with you and you’re sure to attract other positive, like-minded people.

14. SMILE.

Something as simple as a genuine smile will let people know that you're happy, confident, and ready for love.

15. BE REALISTIC.

Stop imagining that your prince or princess is going to swoop down and sweep you off your feet. Focus on *realistic* possibilities rather than fantasies.

16. LISTEN TO YOUR INTUITION.

When you meet someone, your inner voice may tell you whether or not this could be “the one.” Don’t ignore that voice either way.

17. BE APPROACHABLE.

Work on becoming more approachable. Greet people kindly, be generous, and put yourself on the same level as others. If people feel like they can't approach you, they won't.

18. BE AWARE OF YOUR BODY LANGUAGE.

There are countless ways to communicate through your body. Ensure you're using positive body language, not the type that puts people off.

19. WEAR PEACH, PINK OR RED.

These colors show that you're open to love. Women might feel more comfortable in peaches and pinks than men, but men can wear reds.

20. BECOME THE CENTER OF ATTENTION.

Build up the courage to put yourself at center stage sometimes. Not only will this get you noticed, but it'll also show that you're confident and fun.

21. NEVER ACT DESPERATE.

Desperation is a turn off for most people. Even if you feel desperate, don't let it show. Let your friends and family know you're looking for that special someone, but do it subtly and with finesse.

22. LEARN TO LIKE YOURSELF.

Obviously, you want to find someone who'll love you for who you are. But that means you need to love yourself, too! If you can't stand being around yourself, why would anyone else be interested either?

23. DON'T BEND ON WHAT'S REALLY IMPORTANT TO YOU.

You shouldn't compromise on what's most important to you. Specifically, your core beliefs, values, and morals. This is why it's so important to know and love yourself first!

24. STOP LOOKING.

Sometimes we get so wrapped up in trying to find a lasting relationship that it becomes the focus of our lives. If you've been looking for a while and still haven't found someone, take it easy for a while. You just might be pleasantly surprised when you let fate take over!

25. KEEP YOUR SPIRITS UP.

Be encouraged and know that your soulmate is out there. You'll find them, even if it takes longer than you'd like.

You can find a loving, lasting relationship simply by being open to love, loving life, and following these simple strategies.

Remember that your soulmate is out there and they're just as eager to meet you as you are to meet them!